



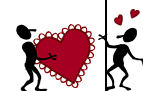
Free Multi Agency Sexual Health Awareness Training M.A.S.H.

Sexual Health Awareness Day
Thursday 30th September 2010
Woodland House Hotel
Newbridge
DUMFRIES
09:15am – 4.00pm



The day is aimed at those who are interested and would like to receive an introductory insight and understanding of sexual health. The topic of sexual health is often perceived as controversial and contentious and can raise complex issues. It is often portrayed in a negative manner with the emphasis on underage pregnancies and high rates of sexually transmitted infections (STIs). It is an aspect of health that affects us all throughout our lives and requires to be viewed in a positive way thus enhancing our overall health and wellbeing. The day will cover the following issues:

- **Risk Taking Behaviour & Self Esteem**
- **Confidentiality & Legal Issues**
- **Contraception & Condoms**
- **LGBT Issues**
- **Sexually Transmitted Infections(STI)**



This is an awareness day and anyone who has attended a C4U training day will have covered the above topics.

Lunch will be provided on the day and anyone interested in attending should complete the tear off slip and return it to: -

Anne Kingstree, Service Administration Manager, Sexual Health D&G
NHS Dumfries & Galloway, Nithbank, Dumfries DG1 2SD or email:
anne.kingstree@nhs.net

NO LATER THAN Friday 10th September 2010



Name:	Designation:
Organisation & Address:	
Email.	
Office Tel:	Mobile:
Any special dietary requirements? (please give details)	
www.c4urself.org.uk	

