

## Answers in one place

NHS inform can find the answer for you, whether you:

- are looking for your nearest NHS dentist
- want to know when your local GP surgery is open
- want to know what vaccinations you'll need for your holiday
- want to know how to join a stop-smoking group
- are looking for support groups or a family planning clinic.

## Contact us

If you have any comments or questions or would like more information about how NHS inform is developing, please email:

[nhs.inform@nhs24.scot.nhs.uk](mailto:nhs.inform@nhs24.scot.nhs.uk)

## Alternative formats

If you would like a copy of this leaflet in another language or format, such as large print, in easy read, on cassette, on video in British Sign Language (BSL) or in Braille, please contact us on 0800 22 44 88. If you have a textphone, dial 18001 0800 22 44 88.

You *no* longer  
need to look *IN*  
*lots of* different  
places *for*  
*health* information.

## One source of information

In a world where there is so much information, it's reassuring to know there's a place where you can find out what you need to know about health matters. It's even more reassuring to know that it's from NHSScotland.

NHS inform is a new health information service designed to give you access to the information you need, when you need it. You can find it online at **[www.nhsinform.co.uk](http://www.nhsinform.co.uk)** or over the phone on **0800 22 44 88** (8am-10pm).



## NHS inform services

### We can provide:

- general information on medical conditions
- answers to commonly asked health questions
- information on health and welfare topics
- [www.healthinmylanguage.com](http://www.healthinmylanguage.com) – for translated health information
- a behind the headlines feature – looking at the health issues making the news
- links to local information across NHSScotland
- information on your rights
- an online enquiry service.

## One route for everyone

We provide access to trustworthy information that can help you in many different ways. We can give you information on medical conditions, answer common health questions and keep you up to date with all the latest health-related news items.

We also have lots of information on specific health and welfare topics from living with diabetes or asthma, to finding out how to register with a GP. We hold links to local information across Scotland, such as support groups in your area, and details of your rights when it comes to your health.

If you can't find what you are looking for, there's an online enquiry service, or you can call us on 0800 22 44 88, and a member of the team can help find the answer for you.

## A developing service

Because we are still developing and improving NHS inform, we will be continually updating the service to ensure we provide you with the most relevant and up-to-date information currently available.

